

**NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORTS
FÉDÉRATION INTERNATIONALE D'ÉDUCATION PHYSIQUE
SPORTS SCIENCE COUNCIL OF ROMANIA**



INTERNATIONAL CONGRESS OF PHYSICAL EDUCATION, SPORTS AND KINETOTHERAPY

4th Edition



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HONORARY PRESIDENTS OF THE CONGRESS

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Doctor Honoris Causa

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MihaelaZAHIU, PhD student, UNEFS, Bucharest

Ana Maria MUJEA, PhD student, UNEFS Bucharest

CONGRESS PROGRAM

Wednesday, June 11

STUDENTS SESSION
(Methodical Athletics Room)

Chairmen

- **Associate Professor Corina IVAN**, PhD (UNEFS Bucharest, Romania)
- **Lecturer Valeria BĂLAN**, PhD (UNEFS Bucharest, Romania)

Secretaries

- **Assist.Lecturer AnaMaria GAVOJDEA** (UNEFS, Romania)
- **Assist.Lecturer Ana MariaMUJEA** (UNEFS, Romania)

15.00 – 18.00 – Oral presentations



After 18.00 – Arrival of national and international participants

18.00–21.00 – Registration and check-in at IBIS Hotel (Palace of the Parliament), Bucharest



Thursday, June 12

8.30–10.00–Registration at the Congress venue (UNEFS, 140, ConstantinNoica St., Bucharest)

10.00-12.30 – Opening session (*Amphitheatre C1*)

Chairman

Professor Vasilica GRIGORE, PhD, Vice - Rector UNEFS Bucharest

Welcome speech - Professor Viorel COJOCARU, PhD, Rector UNEFS Bucharest

Keynote speakers:

- ✚ **Academician Professor Dr. HC Volodymyr Mykolaiovich PLATONOV**(National University of Physical Education and Sport, Ukraine)-*General trends of athletes' preparation in Olympic sports: current status, problems and prospects*
- ✚ **Professor Gheorghe BALINT, PhD** (International Federation of Physical Education and Sport)- *Perspectives on the Implementation of the International Federation of Physical Education (FIEP) Strategies in Romania*
- ✚ **Dr. Maria BULATOVA**(Olympic Academy, Ukraine)-*Cultural Olympiads and the modern Olympic movement*
- ✚ **Professor Viorel COJOCARU, PhD, Professor Monica STĂNESCU, PhD, Professor Virgil TUDOR, PhD, Associate Professor Corina CIOLCĂ, PhD, Assistant Lecturer Marius STOICESCU, PhD student, Assistant Lecturer Ana Maria MUJEA, PhD student** (National University of Physical Education and Sport, Bucharest, Romania)- *Comparative Study about the Particularities of Children's Motricity from the Development Regions of Romania*



13.00–14.30 Lunch (*Marble Hall*)



- ✚ **14.30–15.30 Workshop (*Gymnastics Hall*)**
Movement, Coordination and Composition by using Eshkol-Wachman Movement Notation
Mrs. Sapir Tirza, Dr. Ofer Shlomit, Mrs. Ronen Tali, Mrs. Shalit Lilach, Mrs. Ginat Rona and Mrs. Kalash Tali (Israel)
- ✓ Introduction to *Eshkol-Wachman Movement Notation*.
- ✓ Explained demonstration.
- ✓ Dances from the repertory of *RikudNeto Dance group*
- ✓ Open discussion: combined with audience questions

Section1
PERFORMANCE SPORT
(Amphitheatre C1)

Chairmen

- **Professor Sabina MACOVEI**, PhD(UNEFS Bucharest, Romania)
- **Professor Gheorghe MARINESCU**, PhD (UNEFS Bucharest, Romania)

Secretaries

- **Assist.Lecturer Mihaela ZAHIU** (UNEFS Bucharest, Romania)
- **Assist. Lecturer Ana Maria GAVOJDEA**(UNEFS Bucharest, Romania)

14.30 – 18.00 Oral presentation and Poster sessions

Oral presentation

ID papers	Title	Authors'names	Country	Institution
14	Study about the Manifestation of Some Cognitive Abilities in Karate and Taekwondo	V.Grigure, M.Păunescu, C.Păunescu, R.Predoiu	Romania	National University of Physical Education and Sport from Bucharest, Romania

Poster sessions

1stSession

30	Determining the level of the players in ice hockey using multivariate analysis	R.Roczniok, A.Zajac, A.Maszczyk, A.Golas, P.Pietraszewski, L. Rutkowski, P.Wisniewski,K.Kozlowski	Poland	The Jerzy Kukuczka Academy of Physical Education
32	Comparative study of somatic and motor characteristics of the athletes who have national and world records in the long jump	D.Gheorghe	Romania	Spiru Haret University
44	Operational model for the specific strength development - with medicine balls - in javelin throwers	C.Ivan, M.Anton	Romania	UNEFS Bucharest, Ecological University of Bucharest
46	Anxiety manifestations in relation to the preparation periods in Karate Do	I. Lambu	Romania	National University of Physical Education and Sport from Bucharest
47	Specific quantitative and qualitative components in tennis	M. Buzărnescu, M.Buzărnescu, A.Petre	Romania	National University of Physical Education and Sport of Bucharest
49	The influence of football game upon the way students in high schools with sports programme socialise	D.Stoica, D.Barbu	Romania	University of Craiova
50	Efficient ways of improving the combination attack in the junior b footballers (16-17-year-old)	D.Barbu, D.Stoica	Romania	University of Craiova

2nd Session

52	Analysis of biomechanical characteristics of Yurchenko vault sports technique in women's artistic gymnastics	V.Potop, V.Boloban, C.Timnea	Romania	Ecological University of Bucharest
53	Trait anxiety and coping strategies in aerobic gymnastics and handball	V.Grigore, G.Mitrache, M.Păunescu, R.Predoiu, A.Radu	Romania	National University of Physical Education and Sport from Bucharest
54	Hiperfunctionale conditions (diseases) of shoulder athletes. rotator cuff syndrome	E.Mircioaga, A.Tudor	Romania	Victor Babes University of Medicine and Pharmacy Timisoara
59	Implementation of a program based on specific means for the execution speed development in karate-do	R.Petre, D.Muraretu, M.Teodoru	Romania	National University of Physical Education and Sport from Bucharest
64	Performance analysis of 60 m hurdles at Indoor National Championship for seniors in 2013	F.Paraschita	Romania	Ecological University of Bucharest
65	The attention assessment in weightlifting athletes	D.Muraretu, R.Petre, M.Teodoru	Romania	National University of Physical Education and Sport from Bucharest
67	Kinematic biomechanical analysis of "handspring forward with 1 1/2 tucked salto forward"	S.Stroescu	Romania	National University of Physical Education and Sport from Bucharest
70	Cerebral dominance in elite Romanian female artistic gymnastics	G.Popescu, R.Predoiu, S.Stroescu, A.Radu	Romania	National University of Physical Education and Sport from Bucharest
71	Functional model regarding the students of UNEFS Bucharest practitioners in football game	T.Palade, G.Grigore, S.Ciolcă	Romania	National University of Physical Education and Sport from Bucharest
73	Monitoring fatigue in rugby sevens players	D.Badea, I.Sava	Romania	National University of Physical Education and Sport from Bucharest

16.00 – 16.30 Coffee Break

3rd Session

78	The role of the junior Olympic multisport competitions in elite athlete development for participating in the Olympic Games	F.Miscă	Romania	National University of Physical Education and Sport from Bucharest
79	Identification of the execution time in the snatch weightlifting event	D.Muraretu, R.Petre, M.Teodoru	Romania	National University of Physical Education and Sport from Bucharest
80	Influence of specific means on the dynamics of effort parameters during competitive period in performance	M. Ulăreanu, V.Potop, C.Georgescu	Romania	Ecological University of Bucharest

weightlifting

81	Influence of dance sport on the development of kinesthetic sensitivity in junior I dancers (12-13 years old)	M.Grigure, V.Grigure, C.Mihaiu	Romania	Ecological University of Bucharest, University of Bucharest
82	Somatic characteristics of the wing female player from the Romanian handball league	V.Cojocaru, V.Tudor, A.Mujea, C.Vărzaru, A.Vasile	Romania	National University of Physical Education and Sport from Bucharest
84	The higher aerobic capacity level in water-polo players in Juniors III	G.Marinescu, L.Ticala, V.Zamfir, S.Bidiugan	Romania	National University of Physical Education and Sport from Bucharest
85	Study on the improvement of strength in children aged 6-9 years by the means of athletics	C.Branet, C.Tifrea	Romania	National University of Physical Education and Sport from Bucharest
89	Evaluating and correcting technical errors in breaststroke and butterfly swimming performance	S.Jari, G.Marinescu, O.Rebai	Romania	National University of Physical Education and Sport from Bucharest
92	Strength Development by Using Mechanical Vibration	A.Pricop, I.Dragulin, N.Leonte	Romania	PolitehnicsUniversity of Bucharest

4th Session

95	Biomechanical factors associated with the elbow injury risk in throwing athletes	C.Ivan, M.Popescu	Romania	National University of Physical Education and Sport from Bucharest
100	The correlation between the maximum instantaneous anaerobic power (MIAP) and the speed at the handball players	C.Hantau, C.Hantău, M.Di Carlo, L.Marica	Romania, Italy	UNEFSSBucharest, Academy of Economical Studies, ISS Prato (Italy), University of Petrosani
101	The Acrobatic Elements Impact on Muscle Force Development in Volleyball Players	A.Cosma, D.Orănescu, L.Rusu, M.Marin, G.Cosma, D.Pascu	Romania	UNEFSS Bucharest, University of Craiova
102	The attention mobility level in mens and womens representative basketball teams of Romania U16	G.Marinescu, A.Moanță, V.Zamfir, L.Ticala	Romania	National University of Physical Education and Sport from Bucharest
103	Biomechanical analysis of the horizontal jumps - comparative study of athletes on the national and international level	C.Țifrea, C. Raluca	Romania	National University of Physical Education and Sport from Bucharest
106	Coaching success assessment depending on the relation between self-assessment results and process perception by the athletes	D.Cristea	Romania	National University of Physical Education and Sport from Bucharest
129	Study on the participation of the basketball teams from Romania in the European competitions of the clubs, in season 2013 - 2014	A.Moanta. G.Ghitescu	Romania	National University of Physical Education and Sport from Bucharest

Section 2
PHYSICAL EDUCATION
(Amphitheatre C2)

Chairmen

- **Professor Monica STĂNESCU**, PhD (UNEFS Bucharest, Romania)
- **Associate Professor Iozsef Laszlo HIDI**, PhD(UNEFS Bucharest, Romania)

Secretary

- **Assist.Lecturer Ana Maria VASILIU**, PhD(UNEFS Bucharest, Romania)

14.30 – 18.00 Oral presentation and Poster sessions

Poster sessions

1st Session

45	Study regarding the perception of the Bucharest University's students over the importance and role of Physical Education and Sports in their lives	M.Gulap	Romania	University of Bucharest
57	Evolution of body mass index in successive independent samples of Romanian young women	C. Pop, C.Nae	Romania	Economic Studies Academy of Bucharest
75	The influence of basketball game on the psychomotor skills of future architects	L. Hossu-Longin	Romania	National University of Physical Education and Sport from Bucharest
77	The evolution in ontogenesis of the anthropometric indices and motric capacity components of the children enrolled at the primary level	G.Marinescu, V.Suta, L.Oprea, L.Ticală, V.Dulceață, Ș.Toader	Romania	UNEFS Bucharest, Gimnasium Special School Constantin Paunescu, School Inspectorate of Bucharest
83	Empiric analysis over physical condition level of 4th grade students Munchner Fitness Test	V. Olescu, C.Sima, J.Zschornack	Romania	National University of Physical Education and Sport from Bucharest
90	Contribution for developing static and dynamic balance at 3rd grade students	V.Olescu, V.Tudor, A.Mujea, C.Vârzaru	Romania	National University of Physical Education and Sport from Bucharest
105	Contributions on development capacity of explosive force through plyometric exercises to men`s volleyball team of the university of Bucharest	F..Litoi	Romania	University of Bucharest
128	The effects of Pilates, stretching and fitness on the body composition of overweight and obese students	S. Teodorescu, V.Popescu	Romania	National University of Physical Education and Sport from Bucharest
130	Study about the frequency of pupils' medical exemptions from the physical education discipline in the school year 2011-2012 at the pre-	V.Tudor, A.Moanță, G.Ghițescu, L.Oprea	Romania	National University of Physical Education and Sport from Bucharest, School Inspectorate Bucharest

	university education level in the Municipality of Bucharest			
138	The healthy lifestyle in students opinion	A.Tufan, B.Vulpe, M.Zahiu, S.Macovei	Romania	National University of Physical Education and Sport from Bucharest
162	Application of Particular Means in Volley-Ball In Order to Increase Physical Abilities of High School Female Students	D.Ivascu, A.Rotaru, C.Pehoiu	Romania	National College Constantin CarabellaTargoviste, State University of Physical Education and Sports (Republic of Moldova), Valahia University of Târgoviște

16.00 – 16.30 Coffee Break

Oral presentation

ID	Title	Authors'names	Country	Institution
164	The impact of physical education on the lifestyle of students in university colleges from Israel	Y. Even, I.Hantiu	Israel	Braude College, Babes Bolyai University of Cluj Napoca

2nd Session

Poster sessions

177	Socialization through sport, effects of team sports on students at primary level	I.Sopa, M.Pomohaci	Romania	National University of Physical Education and Sport from Bucharest, University Lucian Blaga of Sibiu
178	Developing cohesion in sportive group through socializing means of motor activities	I.Sopa, M.Pomohaci	Romania	National University of Physical Education and Sport from Bucharest
183	Study regarding the influence of gymnastic activities on the development of effort capacity	O. Ganciu	Romania	University of Bucharest
196	The importance of improving the development indicators of the reaction speed at middle school students (5th grade)	I.Cicma, I.Grigoraș Popa	Romania	University Dunarea de Jos of Galati
209	The role of coordinative skills in technical training in handball	V. Caracas, M.Igorov, R.Petre	Romania	National University of Physical Education and Sport from Bucharest
210	Increasing the skiing learning efficiency through the variable effort method	S.Stroe, D.Vasilescu, V. Caracas	Romania	National University of Physical Education and Sport from Bucharest
225	Study regarding the motor and attitude feedback in mainstream school pupils participants in unified gymnastics events-applicative routines	G.Popescu, A.Popescu	Romania	National University of Physical Education and Sport from Bucharest
249	Identifying the cases of (micro) educational crisis in physical education class and their management	C. Ciolca, A.Vasiliu	Romania	National University of Physical Education and Sport from Bucharest

Section 3 KINETOTHERAPY (RoomH)

Chairmen

- **Professor Mariana CORDUN**, PhD (UNEFS Bucharest, Romania)
- **Professor Arben KACURRI**, PhD (Sports University of Tirana, Albania)

Secretary

- **Assist. Lecturer Leonard ACASANDREI**(UNEFS Bucharest, Romania)

14.30 – 18.00 Oral presentations and Poster sessions

Oral presentation

ID papers	Title	Authors' names	Country	Institution
240	Combination training for an academy-level soccer player: A Case-Study	D.Amin	United Kingdom	Department of Business, Management and Sport, University Centre Doncaster

Poster sessions

1st Session

3	Low Back Pain in Taekwondo - A Systematic Review	M.Paunescu, M.Hadad, C.Păunescu	Romania	National University of Physical Education and Sport from Bucharest, College of Arts and Sciences Qatar, University of Medicine Carol Davila Bucharest
34	Somato - functional recovery for type II diabetes case study	S. Teodorescu, A. Preda	Romania	National University of Physical Education and Sport of Bucharest
37	The benefits of prevention and treatment kinetithrapy of low back pain in competitive athletes (weightlifting and athletics)	M.Patachia, G.Moraru	Romania	Medical Rehabilitation, Clinical Hospital Witting, Bucharest
38	Exercises with portable objects used to correct the coordination difficulties with children with sight deficiencies	O.Ionescu, M.Cordun	Romania	National University of Physical Education and Sport from Bucharest
63	The role and importance of physical therapy in postpartum recovery	R. Hodorca, E.Moraru, I.Onose	Romania	National University of Physical Education and Sport from Bucharest, A.I.Cuza University of Iasi
66	The importance of using the accelerometer myotest to evaluate the recovery of performance athletes with ligament injuries	C.Predescu, M. Apostu, R.Predescu, A.Ionescu	Romania	National University of Physical Education and Sport from Bucharest, University of Medicine and Pharmacy Carol Davila, Bucharest

68	Intelligent materials for recuperative sportive injuries	A.Ursanu Dragpș, S.Stanciu, N.Cimpoesu, V.Manole, G.Ursanu	Romania	Technical University Gh. Asachi of Iași, A.I.Cuza University of Iași
2nd Session				
69	Radius deformations and stress appearance at external solicitations	P.Paraschiv, N.Cimpoesu, C.Paraschiv	Romania	Gh. Asachi Technical University, Iasi, Grigore T.Popa University of Medicine and Pharmacy Iași
111	Application of complementary kinetic means to performance aerobic gymnastics	L.Acasandrei	Romania	National University of Physical Education and Sport from Bucharest
112	The qigong utilization for improving the spinal column imbalances in pupils with hearing impairments	L. Acasandrei, M.Bratu, C.Mogâldea	Romania	National University of Physical Education and Sport from Bucharest
132	The comparison of dynamic balance performance at young performance athletes and physical activities practitioners	C. Gherghel	Romania	National University of Physical Education and Sport from Bucharest
144	The treatment and functional recovery of the mielic lumbar spine fractures associated with grade III B open fractures of the tibia and fibula - case report	A.Buzescu	Romania	National University of Physical Education and Sport from Bucharest
147	Study Regarding the Therapeutic Possibilities of Specific Therapeutic Swimming Means in the Rehabilitation of Coxarthrosis in Elderly Persons	O. Galeru, L.Vasile	Romania	Vasile Alecsandri University of Bacau

16.00 – 16.30 Coffee Break

3rd Session				
160	The particularities of intellectual development of pupils with mental deficiency and the importance of knowing them by the teacher kinetotherapist	A.Cojocaru, I.Negulescu	Romania	Special School no.8, Bucharest, UNEFS Bucharest
166	Usage of two freedom degree for modeling of a complex wrist	C.Paraschiv, P.Paraschiv, R.Cimpoesu	Romania	Grigore T.Popa University of Medicine and Pharmacy Iași, Technical University Gh. Asachi from Iasi
167	Implant material for sportive injuries	I.Stirbu, P.Vizureanu, N.Cimpoesu, R.Cimpoesu, M.Bechea	Romania	Technical University Gh. Asachifrom Iasi
170	Physiotherapy contribution in improving neck pain of a patient receiving concomitant second display screen - case study	C.Tecuceanu, M.Cordun	Romania	National University of Physical Education and Sport from Bucharest
172	Cervical spine and the influence of professional sedentary on vdt users`	C.Tecuceanu, M.Cordun	Romania	National University of Physical Education and Sport from

	quality of life			Bucharest
185	The study of pregnant women's kinetoprophyly using e-training	E.Papp, T.Bako, S.Szasz	Romania	School Center for Inclusive Education No.2 Tg. Mureş, Unirea National Colleege Tg.Mureş, University of Medicine and Pharmacy Tg.Mureş

4th Session

190	Does the acquisition of water orientation skills influence and improves balance and the ability of moving on land in children with cerebral palsy?	A.Maniu, A.Emese Maniu	Romania	Babeş Bolyai University of Cluj Napoca, Special High School for Visual Impaired Cluj
200	Obesogenic risk reduction through diet-therapy and kinesitherapy during the overweight stage	A.Cretu, G.Codruta	Romania	National University of Physical Education and Sport from Bucharest
219	Using the indexes of functional proportionality of the spine in the treatment of Lyme disease sequelae	V.Schor, D.Schor, C.Tifrea, V.Teodorescu	Romania	SC Medisport SRL, UNEFS Bucharest
227	Electrical activity in bone: comparative research made to active persons versus sedentary persons	I.Pasol, D.Irimia, D.Popescu	Romania	University of Bucharest, Romania, Technical University Gh. Asachifrom Iasi



19.00 Dinner (Marble Hall)



Friday, June 13

10.00 -12.30 Plenary session (*Amphitheatre C1*)

Chairmen

Professor Vasilica GRIGORE, PhD (UNEFS, Bucharest)

Professor Veaceslav MANOLACHI, PhD (State University of Physical Education and Sports, Republic of Moldova)

Keynote speakers

- ✚ **Professor Dr. Mehmet GÜNAY** (School of Physical Education and Sport, Gazi University, Ankara, Turkey) -*Chronic cardiovascular adaptation to exercise training including athletes heart and prevention of coronary risk factors*
- ✚ **Professor Dr. Martin ZVONAR** (Masaryk University, Faculty of Sports Studies, Czech Republic) –*Research on the influence of orthopedic insoles and footwear in selected population groups*
- ✚ **Dr. Robert ROCZNIOK, Adam MASZCZYK, Prezemyslaw PIETRASZEWSKY, Stanula ARKADIUSZ, Artur GOLAS, Robert WILK** (Jerzy Kukuczka Academy of Physical Education, Katowice, Poland)-*Predicting competitive swimming performance*
- ✚ **Professor Dr. Halil TASKIN** (School of Physical Education and Sport, Selcuk University, Konya, Turkey) - *Evaluation of Pre-and Post Competition Agility in Elite Male Wheelchair Basketball Athletes*



12.30 – 14.30 Lunch (*Marble Hall*)

14.30 – 18.00 Oral presentation and Poster sessions (on sections)



Section 1
PERFORMANCE SPORTS
(Amphitheatre C1)

Chairmen

- **Professor Vasile TRIBOI**, PhD (State University of Physical Education and Sports, Republic of Moldova)
- **Lecturer Rareş STĂNESCU**, PhD(UNEFS Bucharest, Romania)

Secretaries

- **Assist.Lecturer Mihaela ZAHIU**(UNEFS Bucharest, Romania)
- **Assist. Lecturer Ana Maria GAVOJDEA** (UNEFS Bucharest, Romania)

14.30 – 18.00 Poster sessions

ID papers	Title	1 st Session		
		Authors'names	Country	Institution
97	Stimulating the aerobic potential using the circuit as methodic procedure	D.Badea	Romania	National University of Physical Education and Sport from Bucharest
107	Level of coordinative and performance capabilities to the juniors groups in badminton	D.Timofte	Romania	National University of Physical Education and Sport from Bucharest
110	Study about the dancers performance behavior optimization	C.Urzeala, A.Nicoară	Romania	National University of Physical Education and Sport from Bucharest
122	The Olympic Games, where to?	M. Bucur Stănescu, A.Margina Mileah, M.Zahiu, S.Macovei	Romania	National University of Physical Education and Sport from Bucharest
124	The importance of the physical factor diagnosis in the approach of the figure skating competitions at international level	O.Cristea, M.Mezei	Romania	National University of Physical Education and Sport from Bucharest
126	Study on promoting powerlifting sports industry in Romania	M.Stana	Romania	1 Decembrie 1918 University of Alba Iulia
140	Aspects regarding the analysis of the biomechanical parameters and the variation of the travel speed in the female 400 meters hurdles sample - London Olympics 2012	M. Stoica	Romania	National University of Physical Education and Sport from Bucharest
146	Speed analysis on elk at junior III, pole vault salt	S.Făgăraş, C.Graur	Romania	Petru Maior University of Tg. Mures, University of Medicine and Pharmacy Tg.Mureş
148	The influence of the lower body on	I.Baitel, M.Cordun, D.Deliu	Romania	National University of Physical Education and Sport

the strikes impact in full contact

from Bucharest

2nd Session

151	Anticipating injuries on the basis of measuring functional and structural symmetry using tensiomyography, electromyography and modified Miron Georgescu Method	L.Patru, I.Negulescu	Romania	National University of Physical Education and Sport from Bucharest
152	Zoning the effort for swimmers in backstroke by applying the Vam-Eval Test	O.Rebai, G.Marinescu, S.Jari	Romania	National University of Physical Education and Sport from Bucharest
156	Improving the offensive efficiency in volleyball game by using a specific program of statistics	D.Szabo, L.Magdas	Romania	National University of Physical Education and Sport from Bucharest
158	Study regarding the assessment of the specific motor capacities level rhythmic gymnastics	M.Manos, A.Gavojdea	Romania	National University of Physical Education and Sport from Bucharest
161	Statistical methods for optimal selection in youth soccer	P.Pietraszewski, A.Maszczyk, R.Roczniok, T.Roleder, A.Golas, A.Stanula	Poland	The Jerzy Kukuczka Academy of Physical Education
165	Impact of changes in "Code of Points" in the Olympic cycle 2013 - 2016 Men's Artistic Gymnastics to the Floor Event	I.Corlaci	Romania	National University of Physical Education and Sport from Bucharest
169	The use of the computer for the analysis of motricity level at volleyball players	R.Puni, C.Moraru, L.Radu	Romania	Alexandru Ioan Cuza University of Iasi
171	Physical Impact Analysis of The Specific Means in Football on Exercise Individualization On Positions at A League I Team in Romania	V.Cojocaru, C.Panait	Romania	National University of Physical Education and Sport from Bucharest
173	Synthetic analysis of the dynamics of female athletic best results	R.Zanca, E.Zagrean	Romania	Babes-Bolyai University Cluj Napoca

16.00 – 16.30 Coffee Break

3rd Session

174	Structure Fight for Women's Judo at the Olympic Games in London 2012	L.Bocioaca	Romania	National University of Physical Education and Sport from Bucharest
175	Analysis of muscle activity with the kinematics parameters depending of the weight of loading (case study)	A.Golas, A.Maszczyk, A.Zajak, P.Pietraszewski, R.Roczniok, W.Michal, M.Czuba, H.Krol	Poland	The Jerzy Kukuczka Academy of Physical Education
176	The Characteristics of Attention in Perceptual- Motor Disciplines: Alpine Skiing and Judo	E.Grosu, V.Grosu, C.Popovici, A.Preja	Romania	Babes-Bolyai University Cluj Napoca, Technic University Cluj Napoca, Iuliu Hatieganu University of Medicine and Pharmacy Cluj Napoca

184	The analysis of biomechanical characteristics of the dismounts within salto backward stretched landings, the women's balance beam	V.Grigore, A. Gavojdea, V.Potop	Romania	National University of Physical Education and Sport from Bucharest, Ecological University of Bucharest
187	Considerations about factorial preparation in football/soccer game	N.Antohti	Romania	National University of Physical Education and Sport from Bucharest
188	The canoe paddling technique based on biomechanical principles	A. Igorov, M.Igorov	Romania	National University of Physical Education and Sport from Bucharest
189	Comparative study regarding the results of the first 10 athletes at 2011- 2012 national children championship and the beginner children group	C.Gorgan, G.Rață,	Romania	Vasile Alecsandri University of Bacau, UNEFS Bucharest
191	Study about the efficiency of first serve in grand slam tournaments for women tennis players	R.Stanescu	Romania	National University of Physical Education and Sport from Bucharest
197	E-learning by means of biomechanical study of movement phases of snatch style in performance weightlifting	M. Ulareanu, V.Potop. C.Georgescu	Romania	Ecological University of Bucharest,

4th Session

198	The enhancement of neuromuscular control by specific means for junior swimmers	N.Neagu	Romania	Politehnics University of Bucharest
203	Developments in the selection system applied in Romanian artistic gymnastics and the prospects for high performance	I.Hidi	Romania	National University of Physical Education and Sport from Bucharest
204	Technical issues in the preparation of children's and juniors men artistic gymnastics	I.Hidi	Romania	National University of Physical Education and Sport from Bucharest
208	Specific forms of direct communication in sports activities	G. Dina, L.Dina	Romania	National University of Physical Education and Sport from Bucharest
211	The dynamics of effort in the preparation process of children in male artistic gymnastics	L. Popa, I.Hidi	Romania	University Aurel Vlaicu of Arad
248	Indexes of aerobic capacity and repeated sprint ability of ice-hockey players	A.Stanula, R.Roczniok, K.Kozlowsky, T.Rutkowski	Poland	The Jerzy Kukuczka Academy of Physical Education, Katowice
250	Relevance level of the means of training regarding performance in orienteering competitions	V.Minoiu	Romania	University of Craiova
251	The technical-tactical training optimization through the role assumption in the handball team	F.Tonita, N.Alexandrescu	Romania	National University of Physical Education and Sport from Bucharest

Section 2
UNIVERSITY SPORTS AND ADAPTED SPORTS
(Room F1)

Chairmen

- **Professor Hermina Pika RADMILOVIC, MA** (University of Maribor, Slovenia)
- **Professor Florin PELIN, PhD** (UNEFS Bucharest, Romania)

Secretary

- **Assist.Lecturer Ana Maria VASILIU, PhD** (UNEFS Bucharest, Romania)

14.30 – 18.00 Oral presentation and Poster sessions

Oral Presentation

ID papers	Title	Authors' names	Country	Institution
72	Effects of a training program based on eshkol-wachman movement notation on coordination in adults with attention deficit hyperactivity disorder	L. Shalit, I.Hantiu	Romania	Universitatea Babes-Bolyai, Cluj Napoca, Kibbutzim College of Education, Technology and Arts, Tel Aviv
237	Relationships between trait anxiety and life satisfaction in disabled athletes	M. Taskin, M. Acet, A.K.Taskin, S. Karagoz	Turkey	University of Dumlupinar, Institute of Health Sciences, Kütahya University of Bozok, School of Physical Education and Sport, Yozgat
252	The role of university sport at higher education institutions in Europe	H. Radmilovič	Slovenia	University of Maribor

Poster Sessions

1st Session

36	Study concerning the proportion of the specific means used in the learning of the freestyle by the challenged and non-challenged persons	V.Balan, A.Finta	Romania	National University of Physical Education and Sport from Bucharest, University of Medicine and Pharmacy Carol Davila
39	Study concerning the improving of the intersegmentary coordination at the down's syndrome young people	V.Balan, M.Shao	Romania	National University of Physical Education and Sport from Bucharest, University of Craiova
56	Student training from lifelong learning perspective	M.Dumitru, M. Moroiu	Romania	University Ovidius of Constanta
58	Improving shooting accuracy in female university basketball teams	C.Pop, C.Nae	Romania	Economic Studies Academy of Bucharest
91	Cardiovascular status of children with disabilities as reference point in	S.Serbanoiu, K.Kiss	Romania	National University of Physical Education and

	drafting the adapted physical education programmes			Sport from Bucharest, Special Olympics Romania
104	Aspects related to the education of perceptive motive conduct and structures of the child with mental disabilities	S.Teodorescu, O.Popescu	Romania	National University of Physical Education and Sport from Bucharest
108	Study on the impact of Health Promotion program in changing the life style of persons with intellectual disabilities, diagnosed with various levels of obesity	C.Predescu, A.Bota, K.Kiss	Romania	National University of Physical Education and Sport from Bucharest, Special Olympics Romania

16.00 – 16.30 Coffee Break

2nd Session

131	The impact of stretching exercise on the defense efficiency of the female university volleyball team	I. Tudor, M.Tudor	Romania	Carol Davila University of Medicine and Pharmacy
139	Intelligence influence in beginner student learning of sailing	A. Micu, G.Rata	Romania	Constanta Maritime University, Vasile Alecsandri University of Bacau
179	Study regarding the improvement of the somatic and body harmony development level through aerobic gymnastics means	A. Zaharia, G.Rata	Romania	Vasile Alecsandri University of Bacau
223	Researching out-of-school physical activities of students at selected elementary schools in the region of broumov (Czech Republic)	J. Jurikova, L.Stodolova	Czech Republic	Masaryk University, Brno
226	Artistic Gymnastics - Special Olympics Reference elements in the Down syndrome gymnast preparation Rings - level I	G.Popescu	Romania	National University of Physical Education and Sport from Bucharest

Section 3 VARIA (Hall H)

Chairmen

- **Professor Aura BOTA**, PhD(UNEFS Bucharest, Romania)
- **Professor Alina Daniela MOANȚĂ**, PhD (UNEFS Bucharest, Romania)

Secretary

- **Assist.Lecturer Leonard ACASANDREI**(UNEFS Bucharest, Romania)

14.30 – 18.00 Oral presentation and Poster sessions

Oral presentation

142	A systems analysis of health enhancing physical activity (HEPA) policy making at local level in Romania	P.Sandu, D.Rus, R.Cherekes, C.Brinza, C.Baba, C. J. Lau, I.Van de Goor	Romania	School of Public Health, Babes-Bolyai University, Tilburg University
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Poster sessions

1st Session

ID papers	Title	Authors' names	Country	Institution
28	Single Center Epidemiological Study on The Incidence of Hepatic Hydatid Cyst	T.Poteca, D. Mihaila, A.Poteca, S.Pituru	Romania	Carol Davila University of Medicine and Pharmacy, Bucharest, Romania, Colentina Clinical Hospital
61	Biathlon and its protagonists from SOCI	F.Pelin, R.Pelin	Romania	National University of Physical Education and Sport from Bucharest
74	The Study of body composition in Female Unsporting Population from the Academic World	C.Hantau, C.Hantau, C.Nae	Romania	National University of Physical Education and Sport from Bucharest, Economic Studies Academy of Bucharest
76	General and particular sport club management of private law	S.Teodorescu, E. Hanu	Romania	National University of Physical Education and Sport from Bucharest
96	Ju-Jitsu - in psycho-physical training of individuals	D.Galan	Romania	National University of Physical Education and Sport from Bucharest
120	Methods of design and application of individualised programmes of bodybuilding and fitness exercises for sedentary persons	A. Ion-Dragnea	Romania	National University of Physical Education and Sport from Bucharest
123	Physical exercise versus plastic surgery in body sculpting	A. Margina-Mileah, M.Bucur,	Romania	National University of Physical Education and

2nd Session

133	Offsetting doctor specific professional stress through leisure physical activity	M.Tudor, V.Grigore, I.Tudor	Romania	Carol Davila University of Medicine and Pharmacy, Bucharest, Romania
145	The comparison of flexibility and physical characteristics in Czech adult population	E.Hrazdira, J.Kacek, T.Kalina, P.Grasgruber	Czech Republic	Masaryk University, Brno
153	Comparison of different HIIT protocols regarding to its effect and application	E.Hrazdira, M.Jurankova, P.Slamova	Czech Republic	Masaryk University, Brno
155	Prediction scores and complexity of physio kinesiotherapy approach in Intensive Care Unit Clinical Emergency Hospital Bucharest	L.Stanciulescu, M.Grintescu, M.Ilie, A.Buzescu	Romania	Clinical Emergency Hospital Bucharest
157	The indicators of obesity according to the amount of performed physical activity in the adult population of czech republic	D. Hlavonova, J.Kacek, T.Kalina, P.Grasgruber, J.Michalek	Czech Republic	Masaryk University, Brno
182	Therapeutic use of dance for stress reduction	M. Ganciu, C.Mihaiu	Romania	University of Bucharest

16.00 – 16.30 Coffee Break**3rd Session**

205	Concept and Conceptualization Regarding Applied Sports Management and Strategy	C.Tocala	Romania	Ministry of Youth and Sport
217	Age at menarche in young athletes compared to nonathletic women	I.Oprisescu	Romania	National University of Physical Education and Sport from Bucharest
222	Study on physical development aspects of 10-11 years old children	E.Buhociu, A. Jianu	Romania	Spiru Haret University, Bucharest
224	Therapy through dance in nature	M.Neamtu, D.Popa	Romania	Transilvania University of Brasov

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5th INTERNATIONAL CONGRESS OF PHYSICAL EDUCATION, SPORTS AND KINETOTHERAPY

Bucharest, 10-12 JUNE 2015

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